



Subject Choice



Junior Cycle





Core Subjects



In addition to PE, SPHE, CSPE, RE and Wellbeing, students study the core subjects

- English
- Irish
- Maths
- French
- History
- Geography
- Science





Optional Subjects



Students must pick two additional subjects

- Business Studies
- Music
- Home Economics
- Visual Art
- Graphics
- Applied Technology





Factors to Consider



How the subject is assessed and how you learn best

- Business Studies (10% Reflection)
- Music (Music Performance 30%)
- Home Economics (50 % Cookery Exam)
- Visual Art (2 Pieces of Work-No written exam in JC)
- Graphics (30 % Assignment)
- Applied Technology (50% Project Work)





Factors to Consider



- Interest in the Subject-Primary School.
- Family background and expertise.
- You may also enjoy the 'practicality' of some subjects and its relevance to their daily lives.
- Your Dream Career





Link to Senior Cycle Subjects



Offer subjects in all six subject categories-

Practical

Science

Artistic and Creative

Humanities

Social

Business





Don'ts...



You should not choose subjects because -

- Your friends are
- You think it will be easy
- Without doing the research-





Helpful Websites



- [NCCA](#)
- [Examinations.ie](#)
- [Curriculumonline.ie](#)
- [Careersportal.ie](#)





SEAMOUNT COLLEGE



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Open Evening 2023

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SEAMOUNT COLLEGE

OPEN EVENING
Mon 2nd October from 4pm

Principal's Address
at 4.30pm & 5.30pm
Prospective 1st Years
September 2024

Visit www.seamountcollege.ie for
Admission Statement, Application form

Seamount College
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🌟 Open Evening 2023 🌟
We are looking forward to this Monday, when we get to meet all of you 6th class students and parents.

Seamount College
Kinvara, Co. Galway
Catholic Voluntary Secondary School

OPEN





Ask Yourself...



- Will I enjoy this subject?
- Do my strengths/talents/attributes reflect this subject?
- Am I choosing because of friends?
- Will I be motivated to achieve/study the subject?
- Am I keeping my options open?
- Is there a chance I might need the subject for a future career area?

