

# CRITICAL INCIDENT MANAGEMENT POLICY

## Seamount College

Seamount College aims to protect the well-being of its students and staff by providing a safe and nurturing environment at all times. The Board of Management, through *Maighréad Mhic Dhomhnaill* has drawn up a Critical Incident Management Plan as one element of the school's policies and plans.

### Review and Research

The CIMT have consulted resource documents available to schools on [www.education.ie](http://www.education.ie) and [www.nosp.ie](http://www.nosp.ie).

- Responding to Critical Incidents Guidelines and Resources for Schools (NEPS 201 6)
- Suicide Prevention in Schools: Best Practice Guidelines (IAS, National Suicide Review Group (2002)
- Suicide Prevention in the Community - A Practical Guide (HSE 2011)
- Well-Being in Post-Primary Schools Guidelines for Mental Health Promotion and Suicide Prevention (DES, DOH, HSE 2013)
- Well-Being in Primary Schools - Guidelines for Mental Health Promotion (DES, DOH, HSE 201 5)

### What is meant by the term 'critical incident'

The staff and management of *Seamount College* recognise a critical incident to be "an incident or sequence of events that overwhelms the normal coping mechanism of the school". Critical incidents may involve one or more students or staff members, or members of our local community. Types of incidents might include

*The death of a member of the school community through accident, violence, suicide or suspected suicide or other unexpected death*

- *An intrusion into the school*
- *An accident involving members of the school community*
- *An accident/tragedy in the wider community*
- *Serious damage to the school building through fire, flood, vandalism, etc*
- *The disappearance of a member of the school community*

## **Aim**

The aim of the CIMP is to help school management and staff to react quickly and effectively in the event of an incident, to enable us to maintain a sense of control and to ensure that appropriate support is offered to students and staff. Having a good plan should also help ensure that the effects on the students and staff will be limited. It should enable us to effect a return to normality as soon as possible.

## **Creation of a coping supportive and caring ethos in the school**

We have put systems in place to help to build resilience in both staff and students, thus preparing them to cope with a range of life events. These include measures to address both the physical and psychological safety of the school community.

### **Physical safety**

- Evacuation plan formulated
- Regular fire drills occur
- Fire exits and extinguishers are regularly checked
- Pre-opening supervision in the school grounds

### **Psychological safety**

The management and staff of *Seamount College* aim to use available programmes and resources to address the personal and social development of students, to enhance a sense of safety and security in the school and to provide opportunities for reflection and discussion.

- Social, Personal and Health Education (SPHE) is integrated into the work of the school. It is addressed in the curriculum by addressing issues such as grief and loss; communication skills; stress and anger management; resilience; conflict management; problem solving; help-seeking; bullying; decision making and prevention of alcohol and drug misuse. Promotion of mental health is an integral part of this provision
- Staff have access to training for their role in SPHE
- Staff are familiar with the Child Protection Guidelines and Procedures and details of how to proceed with suspicions or disclosures
- Books and resources on difficulties affecting the primary/post primary school student are available
- Information is provided on mental health in general and such specific areas as signs and symptoms of depression and anxiety
- Staff are informed in the area of suicide awareness and some are trained in interventions for suicidal students
- The school has developed links with a range of external agencies – NEPS, CAMHS, JIGSAW, TUSLA
- Inputs to students by external providers are carefully considered in the light of criteria about student safety, the appropriateness of the content, and the expertise of the providers. See DES Circulars 0022/2010 (Primary) or 0023/2010 (Post-Primary)
- The school has a clear policy on bullying and deals with bullying in accordance with this policy
- Students who are identified as being at risk are referred to the designated staff member (e.g. guidance counsellor or support teacher), concerns are explored and the appropriate level of assistance and support is provided. Parents are informed, and where appropriate, a referral is made to an appropriate agency.

- Staff are informed about how to access support for themselves.

### **Critical Incident Management Team (CIMT)**

A CIMT has been established in line with best practice. The members of the team were selected on a voluntary basis and will retain their roles for at least one school year. The members of the team will meet annually to review and update the policy and plan. Each member of the team has a dedicated critical incident folder. This contains a copy of the policy and plan and materials particular to their role, to be used in the event of an incident.

#### **Team leader: *Maighréad Mhic Dhomhnaill / Geraldine Connors***

- Alerts the team members to the crisis and convenes a meeting
- Coordinates the tasks of the team
- Liaises with the Board of Management; DES; NEPS; SEC
- Liaises with the bereaved family

In the event of the absence of the Principal, the Deputy Principal will assume the role of Team Leader

#### **Garda liaison : *Maighréad Mhic Dhomhnaill / Geraldine Connors***

##### **Role**

- Liaises with the Gardaí
- Ensures that information about deaths or other developments is checked out for accuracy before being shared

#### **Staff liaison : *Maighréad Mhic Dhomhnaill / Geraldine Connors***

##### **Role**

- Leads briefing meetings for staff on the facts as known, gives staff members an opportunity to express their feelings and ask questions, outlines the routine for the day
- Advises staff on the procedures for identification of vulnerable students
- Provides materials for staff (from their critical incident folder)
- Keeps staff updated as the day progresses
- Is alert to vulnerable staff members and makes contact with them individually
- Advises them of the availability of the EAS and gives them the contact number.

#### **Student liaison: *Maighréad Mhic Dhomhnaill / Geraldine Connors informed by the Year Heads, SEN Department, Guidance Counsellor, Religion Department***

##### **Role**

- At post-primary level, may co-ordinate information from tutors and year heads about students they are concerned about
- Alerts other staff to vulnerable students (appropriately)
- Provides materials for students (from their critical incident folder)
- Maintains student contact records (R1).
- Looks after setting up and supervision of 'quiet' room where agreed

### **Community/agency liaison *Maighréad Mhic Dhomhnaill / Geraldine Connors***

#### **Role**

- Maintains up to date lists of contact numbers of
  - Key parents, such as members of the Parents Council
  - Emergency support services and other external contacts and resources
- Liaises with agencies in the community for support and onward referral
- Is alert to the need to check credentials of individuals offering support
- Coordinates the involvement of these agencies
- Reminds agency staff to wear name badges
- Updates team members on the involvement of external agencies

### **Parent liaison : *Maighréad Mhic Dhomhnaill / Geraldine Connors***

→ *Chairperson of the Parent's Council (Aideen O'Malley)*

#### **Role**

- Visits the bereaved family with the team leader
- Arranges parent meetings, if held
- May facilitate such meetings, and manage 'questions and answers'
- Manages the 'consent' issues in accordance with agreed school policy
- Ensures that sample letters are typed up, on the school's system and ready for adaptation
- Sets up room for meetings with parents
- Maintains a record of parents seen
- Meets with individual parents
- Provides appropriate materials for parents (from their critical incident folder)

### **Media liaison: *Maighréad Mhic Dhomhnaill / Geraldine Connors***

#### **Role**

- In advance of an incident, will consider issues that may arise and how they might be responded to (e.g. students being interviewed, photographers on the premises, etc)
- In the event of an incident, will liaise where necessary with the SEC; relevant teacher unions etc.
- Will draw up a press statement, give media briefings and interviews (as agreed by school management)

### **Administrator *Maighréad Mhic Dhomhnaill / Geraldine Connors and school secretaries Clare Dufresne and Carmel Murphy***

#### **Role**

- Maintenance of up to date telephone numbers of
  - Parents or guardians
  - Teachers
  - Emergency services
- Takes telephone calls and notes those that need to be responded to
- Ensures that templates are on the schools system in advance and ready for adaptation
- Prepares and sends out letters, emails and texts
- Photocopies materials needed
- Maintains records

**Record keeping Maighr ad Mhic Dhomhnaill / Geraldine Connors and school secretaries Clare Dufresne and Carmel Murphy**

In the event of an incident each member of the team will keep records of phone calls made and received, letters sent and received, meetings held, persons met, interventions used, material used etc.

*School Secretary* will have a key role in receiving and logging telephone calls, sending letters, photocopying materials, etc.

**Confidentiality and good name considerations**

Management and staff of *Seamount College* have a responsibility to protect the privacy and good name of people involved in any incident and will be sensitive to the consequences of public statements. Members of school staff will bear this in mind, and seek to ensure that students do so also, e.g. the term ‘suicide’ will not be used unless there is solid information that death was due to suicide, *and* that the family involved consents to its use. The phrases ‘tragic death’ or ‘sudden death’ may be used instead. Similarly, the word ‘murder’ should not be used until it is legally established that a murder was committed. The term ‘violent death’ may be used instead.

<b>Critical Incident Rooms</b>	
In the event of a critical incident, the following rooms are designated for the indicated purposes	
<b>Room Name:</b>	<b>Designated Purpose:</b>
<i>Staffroom</i>	Main room for meeting staff
<i>Study / Classrooms</i>	Meetings with students
<i>Library / Study/ Principal’s Office</i>	Meetings with parents
<i>Principal’s Office</i>	Meetings with media
<i>Quiet Room / Library / Oratory</i>	Individual sessions with students
<i>Library / Principal’s Office</i>	Meetings with other visitors

**Consultation and communication regarding the plan**

All staff were consulted and their views canvassed in the preparation of this policy and plan. Students and parent/guardian representatives were also consulted and asked for their comments.

Our school's final policy and plan in relation to responding to critical incidents has been presented to all staff. Each member of the critical incident team has a personal copy of the plan.

All new and temporary staff will be informed of the details of the plan by **the Principal**

The plan will be updated annually.

### Critical Incident Management Team

Role	Name	Phone
<b>Team leader:</b>	<i>Maighr�ad Mhic Dhomhnaill Geraldine Connors John Fahey, Chair BOM</i>	086 207 3074 087 943 2932 086 280 5870
<b>Garda liaison</b>	<i>Maighr�ad Mhic Dhomhnaill Geraldine Connors John Fahey, Chair BOM</i>	
<b>Staff liaison</b>	<i>Maighr�ad Mhic Dhomhnaill Geraldine Connors �ine Hynes, Guidance Counsellor</i>	
<b>Student liaison</b>	<i>Maighr�ad Mhic Dhomhnaill Geraldine Connors �ine Hynes, Guidance Counsellor SEN Department – Eileen Fitzgerald RE Department – Lisa Vega AP1 Year Heads - Maura Greaney</i>	091 637362 (school phone)  Rotating personnel from each department
<b>Community liaison</b>	<i>Maighr�ad Mhic Dhomhnaill Geraldine Connors</i>	
<b>Parent liaison</b>	<i>Maighr�ad Mhic Dhomhnaill Geraldine Connors Aideen O’ Malley, Parent’s Council</i>	087 811 6006
<b>Media liaison</b>	<i>Maighr�ad Mhic Dhomhnaill Geraldine Connors John Fahey, Chair BOM</i>	
<b>Administrator</b>	<i>Maighr�ad Mhic Dhomhnaill Geraldine Connors Clare Dufresne, Secretary Carmel Murphy, Secretary</i>	091 637 362 (school phone)

## Short term actions – Day 1

<b>Task</b>	<b>Name</b>
<b>Gather accurate information</b>	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
<b>Who, what, when, where?</b>	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
<b>Convene a CIMT meeting – specify time and place clearly</b>	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
<b>Contact external agencies</b>	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
<b>Arrange supervision for students</b>	<i>Maighréad Mhic Dhomhnaill Geraldine Connors Year Heads</i>
<b>Hold staff meeting</b>	<b>All staff</b>
<b>Agree schedule for the day</b>	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
<b>Inform students – (close friends and students with learning difficulties may need to be told separately)</b>	<i>Maighréad Mhic Dhomhnaill Geraldine Connors Áine Hynes, Guidance Counsellor SEN Department – Eileen Fitzgerald RE Department – Lisa Vega</i>
<b>Compile a list of vulnerable students</b>	<i>Maighréad Mhic Dhomhnaill Geraldine Connors Áine Hynes, Guidance Counsellor SEN Department – Eileen Fitzgerald RE Department – Lisa Vega</i>
<b>Prepare and agree media statement and deal with media</b>	<i>Maighréad Mhic Dhomhnaill Geraldine Connors John Fahey, Chair BOM</i>
<b>Inform parents</b>	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
<b>Hold end of day staff briefing</b>	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>

## Medium term actions - (Day 2 and following days)

Task	Name
Convene a CIMT meeting to review the events of day 1	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
Meet external agencies	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
Meet whole staff	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
Arrange support for students, staff, parents	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
Visit the injured	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
Liaise with bereaved family regarding funeral arrangements	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
Agree on attendance and participation at funeral service	<i>Maighréad Mhic Dhomhnaill Geraldine Connors</i>
Make decisions about school closure	<i>Maighréad Mhic Dhomhnaill Geraldine Connors John Fahey, Chair BOM</i>



## Follow-up – beyond 72 hours

Task	Name
Monitor students for signs of continuing distress	Class teachers Year Head SEN Department Guidance Counsellor
Liaise with agencies regarding referrals	<i>Maighréad Mhic Dhomhnaill</i> SEN Department Guidance Counsellor
Plan for return of bereaved student(s)	<i>Maighréad Mhic Dhomhnaill</i> <i>Geraldine Connors</i> SEN Department Guidance Counsellor Year Head / Class Tutor
Plan for giving of 'memory box' to bereaved family	<i>Maighréad Mhic Dhomhnaill</i> <i>Geraldine Connors</i> SEN Department Guidance Counsellor Year Head / Class Tutor
Decide on memorials and anniversaries	BOM/Staff, parents and students
Review response to incident and amend plan	Staff/BOM

# EMERGENCY CONTACT LIST

AGENCY	CONTACT NUMBERS
Garda – Gort Garda Station	091 636400
Hospital – UCHG	911 091 580 580
Fire Brigade -	911 091 509 070
Local GP – Dr Maria Hannigan Local GP – Dr Matt O’Flaherty	091 638 702 091 637 123
HSE – Duty Social Worker	091 523 122
Community Care Team	
Child and Family Centre	
Child and Family Mental Health Service (CAMHS) Merlin Park – Dr Dermot Cohen	091 731 401
School Inspector	
NEPS Psychologist – Tony Grealy	087 650 1968
DES	
INTO/ASTI/TUI	
Clergy – Fr Hugh Clifford	086 860 8402
State Exams Commission	0906 44 2700
Employee Assistance Service	1800 411 057

**JMB**

**Parent’s Council Chair – Aideen O’Malley**

**BOM Chair – John Fahey**

**01 283 8255**

**087 811 6006**

**086 280 5870**